

**Delightful Angst ~ music for parents ~ the early years**



**What Are Your Super Powers?**

*Composed by Chris Gibson/Lyrics by Mary Beth Abel*  
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***Mary Beth Abel/vocals***  
***Kaden Sherman/rhythm contribution***  
***Chris Gibson/guitars, bass guitar, keyboards, and drums sequencing***

Naked Boy!  
What are your super powers?  
You can run really fast  
You can jump really high  
You can swim like a fish  
Naked Girl!  
What are your super powers?  
You can spin all around  
You can lift heavy things  
And make a huge splash

Pjs and cape  
Ready to go-go-go-go  
So incognito  
Dashing all over  
You've got work to do  
The dog and cat  
Don't recognize you  
Evade your mom  
Bypass your dad  
It's time to go ---- oooooo

Take your towel – dry off now!  
Bathtime is done! Superhero ruuuuunnnnn!

Naked Boy!  
What are your super powers?  
It's time for bed  
Just one more book  
Then dad is off the hook

Naked Girl!  
What are your super powers?  
You can brush your teeth  
Then get to sleep  
Mom needs you to crash . . . like an ocean wave . . .

It's not so bad  
To stay up late-late-late-late  
Parental foes  
They'll just say,  
"Don't procrastinate!"  
But it is time  
for bed-ed-ed-ed-ed-hed  
You've fought the good fight  
Turn out the light  
It's time to go ---- oooooooooo

Under the covers -- disappear  
Use your magic to chase your fears -- Goodnight!

Naked Kids!  
What are your super powers?  
You can run really fast  
You can jump really high  
You can swim like a fish  
Naked Kids!  
What are your super powers?  
You can spin all around  
You can lift heavy things  
And make a huge splash

Pjs and cape  
Ready to go-go-go-go  
So incognito  
Dashing all over  
You've got work to do  
The dog and cat  
Don't recognize you  
Evade your mom  
Bypass your dad  
It's time to go ---- oooooooooo

Time to recharge -- Tomorrow will come  
For you to use --  
your Super Powers!